



Legends Extensive Coaching



We all know how golf is played. Swing the club; hit the ball; on to the next shot. However, golf is so much more than just that. A golf swing needs to be practiced and learned; however, for most, we forget the other side of golf. Have the terms “golf course management” or “tournament play” ever echoed in your ear? Perhaps there is something to hitting a 3 wood instead of hammering a driver every time? Or perhaps building a pre-shot routine might shave those few strokes? In all, these are areas that are too often missed in your usual golf lesson.

Our CPGA professionals can guide you through each of these areas to get a better understanding and use each element to better your game, all without swinging a club. Have a professional evaluate your game and decide where best to focus in on to improve your game. Below are a few areas our CPGA professional can help you become a better player.

Pre-Shot Routine

What is a pre-shot routine and what is it good for? What are the components of a pre-shot routine? Placement of the hands on the club, body alignment, placement of the club on the target line, shot visualization, a certain number of waggles, or a certain number of looks to the target are a few of the possibilities that a player might include in their pre-shot routine. Some players may consider their pre-shot routine to begin when they select a club from their bag. Others may consider the pre-shot routine to start when they approach the ball. Our professionals will help you create a routine that best suits you and your “rhythm”.

Course Management

This area is likely the most underrated area in the game. When deciding to pick the right club or shot, many factors must be included in that decision. Wind direction, elevation, correct yardage, knowing how far your 8 iron flies, how the ball is sitting are all elements that we all sometimes forget. Have our professional walk you through a pre-shot routine that allows you to make these decisions almost seamlessly while playing your best round.

Tournament Play

Thinking of entering that local golf tournament this summer? Nervous about having to play with someone other than your usual Wednesday foursome? Do you know the proper rules and etiquette when playing a tournament? Our CPGA professionals can help you with all of the typical situations that you will encounter during any tournament round. All of these elements are important as they allow you to relax while playing and, in turn, makes you a better player when you show up for your usual Wednesday foursome match.

Equipment

Having the right equipment is now more than ever important when trying to play your best. With all the options the golf market now has to offer, it can be more confusing and frustrating to find the right information that suits your game the best. Have a CPGA professional help you in making the right decision when buying your next investment.

All of these areas are available at anytime during a private lesson given by our CPGA professionals. If you would like more information regarding these areas or wish to book a lesson, please call the Legends Golf Club at 931.8814